

What Is A Low-Toxicity Home?

A low-toxicity home is a home in which the indoor air toxins are almost non-existent, in a locality in which the outdoor air toxins are reduced to very low levels.

Many people suffering from Chronic Chemical Injury cannot tolerate exposure to toxic building materials, such as chip board, particle board, drywall, carpets, asphalt shingles, fiberglass insulation, many types of sealants, most modern paints and so on. Therefore these building products are not included in the building of low-toxicity homes, as they will negatively affect both the indoor air quality and the health of people suffering from Chronic Chemical Injury.

All the building products used to build the home and all the furnishings of the home are completely non-toxic. Also, all or almost all of the products and furnishings are completely inert, giving off no odour or vapour. This results in excellent indoor air quality. Also, an air purifying system is installed in the home to remove toxic chemicals that inadvertently enter the living space.

A low-toxicity home is also built in a locality with excellent outdoor air quality. This means it is away from all smog, industrial pollution, pesticide usage and any other activity that negatively impacts the quality of air.

All those living in the home live a low-toxicity lifestyle. There is no scent on their person. Their hair products, skin products and laundry products are all scent free and fragrance free. All the products used in and around the home are non-toxic products.

Therefore there would be no usage of toxic chemical products, such as: cleansers or disinfectants, pesticides including insecticides, insect repellents, oils and waxes, air fresheners, incense, laundry detergents, fabric softeners, and so on. Any of these types of products, that would need to be used, would be non-toxic products.

Additionally, all the activities in and around the home are activities that do not degrade the air quality.

Why Is A Low-Toxicity Home Important?

Excellent indoor and outdoor air quality is a crucial medical need for the Chronic Chemically Injured. This is a basic need for the recovery of everyone who is Chronic Chemically Injured, and is absolutely crucial for the survival of those who are severely affected.

Frequently, being able to live in a safe, low-toxicity home will prevent the Chronic Chemically Injured from needing to be hospitalized. Many times their low-toxicity home becomes their mini hospital, where they will receive the care and treatments they need to bring about their recovery. Recovery can often be a slow process, but it is greatly aided by being able to live in a low-toxicity indoor environment.

Since some people view their homes like a hospital – a place of healing, some people put up signs

outside their home to notify any visitors of this fact. Below is one such sign that is found beside the main door of a home for a Chronic Chemically Injured individual.

